



Winter 2017 Schedule

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Downtown Studio

414-264-9642

DOWNTOWN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:00 AM	Bikram 60	Vin Flow 60	Bikram 60	Vin Flow 60	Bikram 60			6:00 AM
7:30 AM	Vin Flow 60		Vin Flow 60					7:30 AM
8:00 AM						Bikram 90	Bikram 90	8:00 AM
9:00 AM	Bikram 90	Bikram 90	Bikram 90	Bikram 90	Bikram 90	Vin Flow 75	Vin Flow 90	9:00 AM
9:30 AM		Vin Flow 60		Vin Flow 60				9:30 AM
10:00 AM						Bikram 60	Bikram 60	10:00 AM
11:00 AM						Vin Flow 75		11:00 AM
12:00 PM	Bikram 60	Bikram 60	Bikram 60	Bikram 60	Bikram 60	Bikram 60	Bikram 60	12:00 PM
12:15 PM	Vin Flow 60	Vin Flow 60	Vin Flow 60	Vin Flow 60	Vin Flow 60			12:15 PM
3:30 PM						Bikram 90	Bikram 90	3:30 PM
4:30 PM							Vin Flow 75	4:30 PM
5:00 PM	Vin Flow 60	Vin Flow 60	Vin Flow 60	Vin Flow 60	Vin Flow 60			5:00 PM
5:30 PM	Bikram 90	Bikram 90	Bikram 90	Bikram 90	Bikram 90	Vin Flow 60	Bikram 60	5:30 PM
6:30 PM	Vin Flow 75	Vin Flow 75	Vin Flow 90	Vin Flow 75	Yin 60		Yin 60	6:30 PM
7:30 PM	Bikram 60	Bikram 60	Bikram 60	Bikram 60				7:30 PM

Brookfield Studio

262-439-9020

BROOKFIELD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:30 AM	Bikram 60	Vin Flow 60	Bikram 60	Vin Flow 60	Bikram 60			5:30 AM
6:00 AM						Bikram 60		6:00 AM
7:30 AM		Hot Pilates 60		Hot Pilates 60				7:30 AM
8:00 AM						Bikram 90	Bikram 90	8:00 AM
9:00 AM	Bikram 60	Bikram 60	Bikram 60	Bikram 60	Bikram 60	Vin Flow 75	Vin Flow 75	9:00 AM
9:30 AM	Vin Flow 60		Vin Flow 60		Vin Flow 60			9:30 AM
10:00 AM						Bikram 60	Bikram 60	10:00 AM
11:00 AM						Yin 60	Yin 60	11:00 AM
12:00 PM	Bikram 60	Vin Flow 60	Bikram 60	Power Flow 60	Bikram 60			12:00 PM
5:00 PM	Bikram 60	Bikram 60	Bikram 60	Bikram 60	Bikram 60			5:00 PM
5:30 PM	Vin Flow 75	Vin Flow 75	Vin Flow 75	Vin Flow 75	Vin Flow 60		Vin Flow 60	5:30 PM
6:30 PM	Bikram 90	Bikram 90	Bikram 90	Bikram 90				6:30 PM
7:00 PM					Yin 60		Yin 60	7:00 PM
7:15 PM	Vin Flow 60	Hot Pilates 60	Vin Flow 60	Vin Flow 60				7:15 PM

Schedule subject to change at any time due to holidays, weather, etc.

Please check yogamke.com or MindBody online for the most up-to-the-minute schedule.

Schedule version: March 4, 2017_B